

Body and Soul Wellness Center

Alpine Wellness enjoyment with Pure Altitude

Our wellness area offers you a finish sauna, infrared cabin, a steam room and a cold grotto. Ofcourse there are also showers and care products.

A relaxing area with heated water beds, drinks, a small snack and a variation of magazines gives you the chance to relax completely.

Wellsystem Dry Water – Massage

The dry water massage unit by Wellsystem provides all from a gentle application up to powerful massages. Warm water jets make regular, circular movements against the underside of the natural rubber bed and massage the body.

Fully clothed – without needing to change, without showering afterward, for rapid availability and simple operation. In just 20 minutes you can relax quickly and efficiently.



Our Wellsystem Dry Water Massage is available for a charge of € 15,00 per 20 minutes and our solarium for a charge of € 15,00.

Package offer:

Book our Dry Water Massage together with the solarium for only € 25,00.

Physiotherm Infrared Cabin – the best heat for your health

The infrared technology from Physiotherm makes use of healthy heat and allows a constant and optimal warming of the body. It helps to activate the circulation, before and after physical exertion, simply increases the well – being.

A small insight into our beauty brand „Pure Altitude“

The Absolute Star at Pure Altitude is the Edelweiss in combination with more than 50 different extracts from mountain plants. Each stage of the processing is carefully controlled and carried out with the utmost respect for the environment.

The products contain no animal ingredients and are not tested on animals. Each product has been dermatologically tested for the widest possible efficacy and tolerability.

To guarantee the effectiveness, Pure Altitude use unique herbal ingredients. In addition to the Edelweiss there is a mixture of plant and minerals with remarkable cosmetic virtues in every product

Treatments and prices

Partial Body Classic Massage (25 minutes) € 45,00

Full Body Classic Massage (50 minutes) € 75,00

Full Body Classic Massage (80 minutes) € 105,00

By vigorously stroking and kneading also larger muscle groups are again supple and well supplied with blood.

Relax - Massage (50 minutes) € 75,00

Relaxing full body massage with stretching and gentle kneading

Sports Massage (50 minutes) € 75,00

A sports massage is a strong, intense massage and an addition to a classical massage. Traditional and additional massage techniques are used for the real needs and problems of a sports person. The massage is very deep and intensive.

Foot Reflexology Massage (25 minutes) € 45,00

This type of massage relieves blockages and tension in the body. With this massage, vital energy can once again flow through the body.

Manual Lymphatic Drainage (50 minutes) € 89,00

Detoxifying and purifying treatment. For swelling (oedema), rheumatic diseases, sport injuries and bruises.

